ACT NOW:  
Tell Congress to Take Action for Refugees and Asylum Seekers

Ask Congress to protect the human rights of those seeking safety in our country by writing and calling your Representatives.

It has never been more critical to stand for the rights, safety, and dignity of refugees and asylum seekers. People who have been forced to flee their homes due to violence and persecution now face unprecedented barriers to finding safety in the United States, as both the refugee and asylum programs have been systematically dismantled by the administration.

Visit [www.govtrack.us](http://www.govtrack.us) to find your elected officials, and then use these talking points to send a clear and strong message by writing or calling their office.

- As a constituent, I urge you to ensure the dignity and rights of those seeking safety in the United States.
- I am proud to be part of a nationwide movement, based in the American Jewish community, who are making refugee and asylum issues a priority.
- The administration has drastically reduced the number of refugees resettled in our country, from a historic average of 95,000 per year to a historic low of 18,000. This reduction leaves tens of thousands of people without options. There have never been more people seeking safety and so few places willing to welcome them.
- Under U.S. law, people who arrive at our borders have the legal right to seek asylum. The U.S. has the capacity for an asylum system that humanely, responsibly, and efficiently processes asylum claims. Instead, the administration has put many people in life-threatening danger by restricting access to asylum, separating families, detaining people for prolonged lengths of time, and forcing people to wait in dangerous conditions in Mexico for their court hearings.
- I urge you to voice your support for the U.S. Refugee Admissions Program and a fair and humane asylum system and to oppose policies that discriminate against refugees and immigrants based on their religion and where they come from. Our country must reverse course: this administration’s executive orders and policy changes have compromised the safety of hundreds of thousands of people who need our help.

Congress needs to year from you! Help to generate as many phone calls and letters as possible. Ask your family and friends to join by reaching out to their elected officials. Email [takeaction@hias.org](mailto:takeaction@hias.org) with questions and to let us know how it goes.